

## **Crisis Support Services**

### Windsor Regional Children's Centre

(519) 257-5215 3901 Connaught Ave

### **Crisis Services Distress Centre of Windsor-Essex**

(519)256-5000 12:00pm to 12:00am

### **Drouillard Place**

(519) 253-1073 or (519) 253-4446 1102 Drouillard Road Mon-Fri 8:30am to 4:30pm

### **Community Crisis Centre**

Hotel Dieu Grace Healthcare (519) 973-4435 1030 Ouellette Ave, Jeanne Mance Building, 1<sup>st</sup> Floor 24 Hour Crisis Line

### **Gender-Based Violence Services**

### **Sexual Assault Crisis Centre**

(519) 253-3100 (519) 253-9667 – 24 Hour Crisis 1770 Langlois Ave

## **Hiatus House Emergency Shelter**

(519) 252-7781 1 (800) 265-5142 – Toll Free (519) 252-2768 – TDD

### **SOS Femme Crisis Line** (Francophone women eligible)

1 (877) 336-4233 – 24 Hour Crisis

**W.E. Trans Support** (Serving Transgender, Non-Binary and Two Spirit people, their families, friends and allies)

(226) 674-4745 or 1 (833) WE-TRANS 111 Wyandotte Street West



## **Emergency Shelters**

### **Downtown Mission**

(519) 973-5573 664 Victoria Ave

### **Salvation Army** (men only)

(519) 253-7473 355 Church Street

### **Welcome Centre Shelter for Women**

(519) 971-7595 263 Bridge Ave

## **Hospitals with Psychiatric Services**

### **Windsor Regional Hospital**

(519) 973-4444 1030 Ouellette Ave

## **Mental Health Services**

### **Treatment**

### CMHA – WECB

(519) 255-7440 1400 Windsor Ave

### **Transitional Stability Centre**

(519) 257-5224 736-744 Ouellette Ave

## **Mood/Anxiety Treatment Program**

Hotel Dieu Grace Healthcare (519) 257-5125 1453 Prince Road

### **Mental Health Services Info Ontario**

1 (866) 531-2600

### **Wellness Program for Extend Psychosis**

Hotel Dieu Grace Healthcare (519) 257-1111 1453 Prince Road



MHRU County Team (Crisis/OPP) – Mental Health Response Team (519) 723-4600

**COAST** – Windsor Team (519) 973-4409

### **Counselling**

### **Family Services Windsor-Essex**

(519) 966-5010

1770 Langlois Ave (walk-in clinics available)

111 Wyandotte Street West (within W.E. Trans Support, serving LGBT2SQ folks, their families, friends and allies)

### **Teen Health Centre** (up to age 24)

(519) 253-8481

### Windsor Essex Comm. Health Centre

(519) 258-6002

## Counselling for Depression/Anxiety - CMHA

(519) 255-7440

### **Social & Self Support**

#### **Mental Health Connections**

(519) 256-4854 370 Erie Street

### **DiverseCITY**

(519) 973-4656

111 Wyandotte Street West (within W.E. Trans Support; serving sexual diverse folks, their families, friends and allies)

**W.E. Trans Support** (serving Transgender, Non-Binary and Two Spirit people, their families, friends and allies)

(226) 674-4745 or 1 (833) WE-TRANS

111 Wyandotte Street West

## **Mood Disorders Self-Support Group**

## **Can-AM Friendship Centre**

(519) 253-3243 2929 Howard Ave



## Recovery Inc.

(519) 326-3635

## **Family Support**

**Windsor-Essex Transgender and Allied Support** (T2: Families In Transition – Families, friends and allies) (226) 674-4745 or 1 (833) WE-TRANS 111 Wyandotte Street West

Mental Health Connections – NAMI: Family to Family Education (519) 256-4854

370 Erie Street East

**Family Services Windsor-Essex** 

(519) 966-5010 1770 Langlois Ave

## **Suicide Prevention and Mental Health Education**

### **Canadian Mental Health Association**

(519) 255-7440 1400 Windsor Ave.

### **Addictions**

### **Alcoholics Anonymous**

(519) 256-9975

## **Brentwood Recovery**

(519) 253-2441

### **Cocaine Anonymous**

(519) 788-3889

#### **Concurrent Disorders Treatment**

Hotel Dieu Grace Healthcare (519) 257-5125

### **Windsor Addiction Assessment & Referral**

(519) 257-5220

### **DART**

1 (800) 565-8603



## House of Sophrosyne (women only)

(519) 252-2711

## **Narcotics Anonymous**

(519) 977-8063

## **Salvation Army**

(519) 253-7473

## S.T.A.G.E.S. Group

CMHA (519) 255-7440 1400 Windsor Ave

## **Withdrawal Management Centre**

(519) 257-5225

### **Women Sobriety**

(519) 256-1497

## **Medical**

## **City Centre Health Care**

CMHA – WECB (519) 971-0116 1400 Windsor Ave

### **Windsor Essex Community Health Centre**

(519) 258-6002 3320 College Ave

## **Essex County Medical Society**

(519) 256-4611

## **Legal Resources**

## **Community Legal Aid**

(519) 253-7150

## **Legal Assistance of Windsor**

(519) 256-7831

## Windsor-Essex Bilingual Legal Clinic

(519) 253-3526



## **Youth**

### **Bulimia Anorexia Nervosa Association**

(519) 969-2112 1500 Ouellette Ave, Suite 100

**W.E. Trans Support** (serving Transgender, Non-Binary and Two Spirit people, their families, friends and allies)

(226) 674-4745 or 1 (833) WE-TRANS 111 Wyandotte Street West

**DiverseCITY** (serving sexual diverse folks, their families, friends and allies) (519) 973-4656

111 Wyandotte Street West (within W.E. Trans Support)

### Maryvale Adolescents/Family Services (ages 11-17)

(519) 258-0484 3640 Wells Street

**Teen Health Centre** – WEHC

(519) 253-8481

## **LGBTIQ+ Friendly Services**

## **DiverseCITY (formerly Windsor Pride Community)**

(519) 973-4656

111 Wyandotte Street West (within W.E. Trans Support)

### **Windsor-Essex Transgender and Allied Support**

(226) 674-4745 or 1 (833) WE TRANS 111 Wyandotte Street West

### **Windsor-Essex Pride Fest**

(226) 348-3378 536 Pelissier Street

### **Out on Campus**

(519) 253-3000 ext. 4093 University of Windsor

## **Metropolitan Community Church**

(519) 977-6897 1680 Dougall Ave



## Mike Cardinal Counselling (Group/Individual counselling for Gay/Bi Men)

(519) 258-1069 3277 Sandwich Street

### **SAFE Committee**

(519) 253-8481 ext248

## Young and Proud – AIDS Committee Windsor-Essex

(519) 973-0222 1 (800) 265-4858 – Toll Free 511 Pelissier Street

### **Seniors**

## **Alzheimer Society of Windsor-Essex**

(519) 974-2220 2135 Richmond Street

## **Geriatric Mental Health Outreach Team**

Hotel Dieu Grace Healthcare (519) 257-5105 1453 Prince Road

### **Geriatric Assessment Program**

Hotel Dieu Grace Healthcare (519) 257-5112

## **Life After Fifty**

(519) 254-1108

### **Financial**

### **Ontario Works**

(519) 255-5600 (519) 255-5200 – intake Windsor 400 City Hall Sq (519) 946-9988 – intake Leamington 215 Talbot Street

### **Ontario Disability Support Program**

519-254-1651 270 Erie Street East



### **Service Canada**

1 (800) 277-9914 400 City Hall Sq.

### **Financial Fitness**

(519) 258-2030

## **Housing**

## **Central Housing Registry**

(519) 254-6994 2470 Dougall Ave, Unit 6 – Windsor (519) 776-4631 150 Talbot Street North – Essex

## **Housing Information Services**

(519) 254-4824 3450 Ypres Ave, Suite 200

## **Windsor-Essex Community Housing Corporation**

(519) 254-1681

## Windsor Residence for Young Men (men aged 16-20)

(226) 221-8464 1505 Langlois Ave

## **Windsor-Essex Housing Connections**

Family Services Windsor-Essex (519) 256-5258 1770 Langlois Ave